

SBE TODAY

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House Passes Two-Month Transportation Extension



By Tom Ichniowski

The House has approved yet another short extension for federal highway and transit programs, which would keep them going for a brief two-month period at current funding levels.

But the measure, which the House passed overwhelmingly on May 19 by a 387-35 vote, also would be the 33rd stopgap in six years, continuing the protracted stalemate over how to find the revenue for what construction industry and state transportation officials most want: a six-year transportation bill with increased funding.

The Senate is expected to clear the latest extension by May 22. The White House issued a statement saying it doesn't oppose the stopgap, which would run until July 31. The current, 10-month authorization is due to lapse on May 31.

The two-month option was the easiest path for lawmakers to take because it didn't require finding additional revenue for the financially shaky Highway Trust Fund.

Transportation Secretary Anthony Foxx has said that the trust fund is expected to stay in the black until late July or early August. Without new revenue at that point, he added, the departments would have to start slowing down its highway

funding reimbursements to state agencies for road and bridge projects.

Construction industry and union groups continued to be disappointed that Congress was unable to produce a multi-year bill.

Robert Stevens, American Society of Civil Engineers president, said in a statement, "We hope that by setting a short-fuse July deadline, Congress will avoid another lull into complacency, and they will truly feel the urgency and have the resolve to properly fix the backbone of our nation's economy."

Sean McGarvey, North America's Building Trades Unions president, said in a statement, "Once again, instead of addressing head-on one of the most pressing issues of our time, the U.S. House has simply chosen to pass another extension, kicking the can down the road, which by the way is crumbling beneath its feet."

Dennis Slater, Association of Equipment Manufacturers president, said that equipment makers "supported this extension because it keeps the chronic problems plaguing the Highway Trust Fund at top of mind for lawmakers for the next 10 weeks."

But Slater also wants to see more progress on a long-term bill, and wants Congress and the administration to come up with "innovative proposals on how they would fund a long-term bill.

Some important legislators are taking steps toward the multi-year bill. Rep. Peter DeFazio (Ore.), the Transportation and Infrastructure Committee's top Democrat, introduced the Obama administration's GROW AMERICA bill, a six-year, \$478-billion proposal.

In the Senate, Environment and Public Works Committee Chairman James Inhofe (R-Okla.) and the panel's top Democrat, Barbara Boxer (Calif.), said they plan a committee vote on a six-year bill in June.

But that bill would cover only policy-related provisions—the key revenue title is under the Finance Committee's jurisdiction.

Source: <http://enr.construction.com>

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Publisher of
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weekly newspaper

California Sub-Bid Request Ads

RGW Construction Inc. is seeking all qualified DBE (Disadvantaged Business Enterprises) for the following project:

**San Leandro Boulevard Rehabilitation Williams St. to Hudson Lane
City of San Leandro Project No. 2014.0420
Federal Aid Project No. STPL-5041(044)**

**Engineer Estimate: \$1,000,000 to \$5,000,000 - 60 Working Days
Goal: DBE 3.7%**

Bids: June 4th, 2015 @ 3:00pm

RGW is requesting quotes for (including but not limited to): Fabric & Oils, Construction Area Signs, Traffic Control, Raise Iron-Utilities, Cold Plane, Clear & Grub, Roadway Excavation, Grinding, Object Marker, Thermoplastic Traffic Stripe & Marking, Pavement Marking, Signal and Lighting, Detector, Surveyor, SWPPP Planning, Water Truck, Sweeper, Storm Drain & Trucker.

Scope of Work: Roadway rehabilitation.

RGW is willing to breakout any portion of work to encourage DBE participation. Contact us for a specific item list.

Plans and Specs are available to view and copy at our office or the City of San Leandro Website: www.sanleandro.org/depts/finance/purchasing/bids.

Contact Mark Smith mark.smith@rgwconstruction.com, 925-606-2400 for any questions, including bonding, lines of credit, or insurance or equipment or material suppliers. Subcontractors should be prepared to submit payment and performance bonds equal to 100% of their quotation. For bonding and other assistance, please call.

RGW Construction, Inc.

Contractors License A/B 591940

550 Greenville Road • Livermore, CA 94550 • Phone: 925-606-2400 • Fax: 925-961-1925

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Proven Management, Inc.

2000 5th Street, Berkeley, CA 94710
Phone: 510-671-0000 • Fax: 510-671-1000

Requests proposals/quotes from all qualified and certified Disadvantaged Business Enterprises (DBE) subcontractors, suppliers, and truckers for the following project:

QUINT STREET BRIDGE REPLACEMENT

SAN FRANCISCO

CALTRAIN #15-J-C-043

Bids: June 18, 2015 @ 2pm

SUBCONTRACTING GOAL - DBE - 13%

Subcontracting opportunities include, but are not limited to the following: bridge removal; clearing & grubbing; concrete removal; concrete: structural, sidewalk, curb, curb ramp; construction staking; drainage; fencing; hydroseeding; precast concrete; signage; site preparation; excavation & backfill; structural steel; traffic control; trucking; construction material

100% Payment & Performance bonds will be required from a single, Treasury-listed surety company subject to PMI's approval. PMI will pay bond premium up to 1.5%. Subcontractors awarded on any project will be on PMI's standard form for subcontract without any modifications. For questions or assistance required on the above, please call.

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Proven Management, Inc.

2000 5th Street, Berkeley, CA 94710
Phone: 510-671-0000 • Fax: 510-671-1000

Requests proposals/quotes from all qualified and certified Disadvantaged Business Enterprise (DBE) subcontractors, suppliers, and truckers for the following project:

I-680 EXPRESS LANES PROJECT

In Alameda & Contra Costa Counties on Route 680

MTC Contract No. BAIFA-100 / Caltrans #04-3G9504

Bids: June 5, 2015 @ 4PM

DBE's Highly Encouraged

Bonding, insurance, lines of credit and any technical assistance or information related to the plans & specifications & requirements for the work will be made available to interested DBE certified suppliers & subcontractors. Assistance with obtaining necessary equipment, supplies, materials, or related assistance or services for this project will also be offered to interested DBE certified suppliers, subcontractors, truckers.

100% Payment & Performance bonds will be required from a single, Treasury-listed surety company subject to PMI's approval. PMI will pay bond premium up to 1.5%. Subcontractors awarded on any project will be on PMI's standard form for subcontract without any modifications. For questions or assistance required on the above, please call.

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RGW Construction Inc. is seeking all qualified DVBE (Disabled Veteran Business Enterprises) for the following project:

STATE HIGHWAY IN SAN MATEO COUNTY NEAR BELMONT AT 1.0 MILE SOUTHEAST OF ROUTE 92/280 SEPARATION

Caltrans Contract No. 04-4G5914

Engineer Estimate: \$780,000 - 60 Working Days

Goal: DVBE 5%

Bids: June 2, 2015 @ 2:00 PM

Requesting Sub-quotes for (including but not limited to): Fabric & Oils, Construction Area Signs, Raise Iron-Utilities, Clear & Grub, Roadway Excavation, landscaping, Hydroseeding, Erosion Control, Aggregate Base, Fencing, SWPPP Planning, Water Truck, Sweeper, Trucker, and Storm Drain (underground).

Scope of Work: Repair pipe system and back fill sinkhole.

RGW is willing to breakout any portion of work to encourage DVBE participation. Contact us for a specific item list.

Plans and Specs are available to view and copy at our office or the Caltrans website www.dot.ca.gov/hq/esc/oe/.

Contact Andy Eldredge at 925-606-2400, andrew.eldridge@rgwconstruction.com for any questions, including bonding, lines of credit, or insurance or equipment or material suppliers. Subcontractors should be prepared to submit payment and performance bonds equal to 100% of their quotation. For bonding and other assistance, please call.

RGW Construction, Inc.

Contractors License A/B 591940

550 Greenville Road • Livermore, CA 94550 • Phone: 925-606-2400 • Fax: 925-961-1925

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**Intercare Holdings, Inc. is requesting
Sub-bids from Local Business Enterprise
(LBE) Subcontractors/Vendors for:**

**Interpreting, Investigative Services,
Court Reporting, Home HealthCare
Services, Transportation**

for the City of San Diego
Metropolitan Transit System
MTS DOC. CO. G1799.0-15

Third Party Administration Services for
Workers Compensation

Bid Due Date: 05/27/15

For submission of bids and information on
the availability of plans and specifications
please contact Gabriella Hubbard,
ghubbard@intercareins.com.

California Sub-Bid Request Ads

Sub Bids Requested From Qualified DBE Subcontractors & Suppliers for

County of Butte

Oakdale Height Safe Routes to School

County Project No. 23501-2012-1

Location: Butte County, CA

Bid Date: June 2, 2015 @ 10:00 AM

McGuire and Hester is seeking qualified subcontractors in the following trades: clearing & grubbing; SWPPP; hydroseeding; cold plane AC; pulverize AC; minor concrete; striping/signs; electrical; and fencing.

We will pay up to and including one and one-half percent (1-1/2%) of your bonding cost. Certification assistance is available, as well as viewing plans and specs.

McGuire and Hester

9009 Railroad Avenue • Oakland, CA 94603

Phone: (510) 632-7676 • Fax: (510) 562-5209

Contact: Robert Herrera

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Sub Bids Requested From Qualified DBE Subcontractors & Suppliers for

County of Sacramento

Cottage Way Modifications

Cortez Lane to Watt Avenue Project

Location: Sacramento, CA

Bid Date: June 4, 2015 @ 2:00 PM

McGuire and Hester is seeking qualified subcontractors in the following trades: SWPPP; slurry seal; concrete flatwork; striping/signs; electrical; sawcutting; and trucking.

We will pay up to and including one and one-half percent (1-1/2%) of your bonding cost. Certification assistance is available, as well as viewing plans and specs.

McGuire and Hester

9009 Railroad Avenue • Oakland, CA 94603

Phone: (510) 632-7676 • Fax: (510) 562-5209

Contact: Dave Koerber

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Project Name: CA Corridor – 1880 Pine Street

Location: San Francisco, California

Bid Date: June 22, 2015 @ 2:00 PM

Pre-Bid Conference: TBD

Location: Nibbi Office -

1000 Brannan St., Suite 102, San Francisco, CA

Nibbi Brothers has been selected as the General Contractor for the 1880 Pine Street project in San Francisco, CA. We are in receipt of the 100% MOH Pricing Set and are currently requesting budgets from subcontractors for DIV 2-26. The Developers and Nibbi Brothers strongly encourage LBE's to submit bids and participate on the following project. The project consists of selective demolition and rehabilitation of an existing 113-unit affordable housing tower. Upgrades will include adjustments to the accessibility on the site, community room remodeling, Unit remodeling to meet current accessibility code requirements, new interior finishes, and replacement of approximately half of the Unit fixtures. Existing offices on the premises will be reconfigured. The scope of work at the units includes improvements to ventilation kitchens, new flooring and paint, and new appliances, sinks, and countertops.

To obtain bid and contract documents please email Kristin Medwick at kristinm@nibbi.com.

For specific questions regarding this project please contact Igor Bershteyn, Lead Estimator via email, igorb@nibbi.com.

Gallagher and Burk, Inc. is soliciting for DBEs for the following project:

2015 PAVEMENT REHABILITATION PROJECT ONE BAY AREA GRANT LOCAL STREET AND ROADS PRESERVATION

FEDERAL-AID PROJECT NO. RSTP-5137 (047)

OWNER:

CITY OF RICHMOND

PUBLIC WORKS DEPARTMENT

450 CIVIC CENTER PLAZA

RICHMOND, CA 94804

BID DATE: MAY 28TH, 2015 @ 10:00 A.M.

We hereby encourage responsible participation of local Disadvantaged Business Enterprises, and solicit their subcontractor or materials and/or suppliers quotation for the following types of work including but not limited to:

Adjust Iron, Construction Area Sign, Crack Sealing, Electrical, Minor Concrete, Roadside Signs, Striping, Survey/Staking, Trucking, Water Trucks, Street Sweeping, Hot Mix Asphalt (Type A) Material, Rubberized HMA (Gap Grade) Material

100% Performance and Payment Bonds may be required for full amounts of the subcontract price. Surety company will have to be approved by Gallagher and Burk, Inc. Gallagher and Burk, Inc. will pay bond premium up to 2%. Subcontractors must possess current insurance and worker's compensation coverage meeting Gallagher and Burk, Inc.'s requirements. Please call if you need assistance in obtaining bonding, insurance, equipment, materials and/or supplies. Plans and specifications are available for review at our Dublin office.

Gallagher & Burk, Inc.

344 High Street • Oakland, CA 94601

Phone: (510) 261-0466 • FAX (510) 261-0478

Estimator: Steve Lippis

Website: www.gallagherandburk.com

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REQUEST FOR DBE SUBCONTRACTORS AND SUPPLIERS FOR:

Rohnert Park Expressway Rehabilitation

City of Rohnert Park Project No. 2013-01

BID DATE: June 8, 2015 @ 2:00 PM

We are soliciting quotes for (including but not limited to): Trucking, Traffic Control System, Project Identification Sign, Adjust Utilities to Grade, Cold Plane AC, Pavement Reinforcement Material, Detector Loop and Handhole Replacement, Minor Concrete Curb and Gutter, Striping & Marking, Video Camera Traffic Signal Detection, and Construction Materials

O.C. Jones & Sons, Inc.

1520 Fourth Street • Berkeley, CA 94710 • Phone:

510-526-3424 • FAX: 510-526-0990

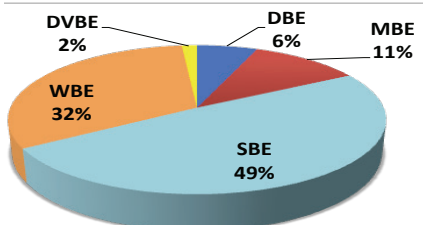
Contact: Jean Sicard

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100% Performance & Payment Bonds may be required. Worker's Compensation Waiver of Subrogation required. Please call OCJ for assistance with bonding, insurance, necessary equipment, material and/or supplies. OCJ is willing to breakout any portion of work to encourage DBE Participation. Plans & Specs are available for viewing at our office.

AUDIENCE PROFILE

Small Business Exchange, Inc.



Sub Bids Requested From Qualified DBE Subcontractors & Suppliers for

County of Plumas

Bailey Creek Bridge Replacement Project

on C.R. #322A

BRLO-5909(081)

Location: Plumas County, CA

Bid Date: June 3, 2015 @ 4:00 PM

McGuire and Hester is seeking qualified subcontractors in the following trades: construction staking/survey; signs; striping; SWPPP; hydroseeding; biologist; bridge demolition; clearing & grubbing; furnish temporary bridge; CIDH piling; precast prestressed concrete girders; joint seal; reinforcing steel; metal beam guard rail; and concrete barrier.

We will pay up to and including one and one-half percent (1-1/2%) of your bonding cost. Certification assistance is available, as well as viewing plans and specs.

McGuire and Hester

9009 Railroad Avenue • Oakland, CA 94603

Phone: (510) 632-7676 • Fax: (510) 562-5209

Contact: Keith Ones

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California Sub-Bid Request Ads



591 Camino de la Reina, Suite 1250 | San Diego, CA 92108
 TEL: (619) 814-3705 | FAX: (619) 814-3770
 acale@pulice.com; kbell@pulice.com
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Invitation to Bid for:

SMALL AND MINORITY FIRMS, WOMEN'S BUSINESS ENTERPRISE AND LABOR SURPLUS AREA FIRMS

Subcontractors, Material and/or Suppliers, and Professional Services for:

RICHARD A. REYNOLDS DESALINATION FACILITY PHASE II EXPANSION

OWNER: Sweetwater Authority

Project No.: B.P. 20084022

LOCATION: Chula Vista, CA

Bid Deadline Date to: June 18, 2015.

The project generally consists of the following:

MODIFICATION TO AN EXISTING BRACKISH GROUNDWATER DESALINATION FACILITY, INCLUDING THREE REVERSE OSMOSIS TRAINS, IRON AND MANGANESE FILTRATION SYSTEM, DEGASSIFIER, FLUORIDE SYSTEM, CHEMICAL SYSTEM MODIFICATION, AND EXTENSIVE ELECTRICAL, INSTRUMENTATION, SCADA AND PUMP AND MOTOR INSTALLATION, CONSTRUCTION OF WELLHEAD FACILITIES AND WELL BUILDINGS AT FIVE NEW WELLS.

Plans and Specifications are available free of charge online at:

<http://www.ebidboard.com/public/projects/index.asp?mbrguid=D0757BD8-8C21-406F-97F9-D160301A9BAF>

Quotes for Services & Supplies are requested for the following items including, but not limited to:

SWPPP, Landscaping and Irrigation, Masonry, HVAC, Sheetmetal, Doors & Louvers, Painting & Coatings, Composite Roofing/Insulation, Welded Steel Tank, Electrical & Instrumentation, Water Treatment Pumps and Process Equipment, Process and Waterworks Pipe & Valves, Reinforcing Steel, Concrete & Aggregates, Paving, Striping, Minor Concrete, Rough Carpentry, Fencing

Opportunities for quotations will be needed throughout the life of the project. Terms and conditions should be made part of the quotations. 100% performance and payment bonds may be required for the full amount of the subcontract price. Pulice Construction, Inc. will assist with obtaining bonding, lines of credit, and insurance by encouraging the subs and vendors to work with state supportive services programs. Responsive subcontractors must possess a current contractor's license, insurance, and worker's compensation coverage complying with Pulice Construction, Inc. requirements and will be required to sign a standard Subcontract Agreement.

Pulice Construction, Inc. will analyze and consider each quote received, including those that are broken down into economically feasible units to facilitate bidding. Quotes must be valid for the same period of time as specified by Owner for contract award. Any conditions or exceptions in Subcontractor's quote are expressly rejected unless accepted in writing.

Pulice Construction, Inc. is committed to ensuring that subcontractors and vendors have the maximum opportunity to successfully perform on this project, and to making good faith efforts to utilize small, minority, and women's business enterprises.

REQUEST FOR LBE & DVBE SUBCONTRACTORS AND SUPPLIERS FOR:

Dover Elementary School Synthetic Playfield

Project No.: 11510093-00

West Contra Costa Unified School District

BID DATE: May 26, 2015 @ 2:00 PM

We are soliciting quotes for (including but not limited to): Trucking, Fencing, Concrete, Staking, Utilities, Lime Treat, Striping, Synthetic Turf, Landscape and Construction Materials

O.C. Jones & Sons, Inc.

1520 Fourth Street • Berkeley, CA 94710 • Phone: 510-526-3424 • FAX: 510-526-0990

Contact: Mike Crowley

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100% Performance & Payment Bonds may be required. Worker's Compensation Waiver of Subrogation required. Please call OCJ for assistance with bonding, insurance, necessary equipment, material and/or supplies. OCJ is willing to breakout any portion of work to encourage LBE/DVBE Participation. Plans & Specs are available for viewing at our office.

DeSilva Gates Construction, L.P. is soliciting for LBEs for the following project:

**Silicon Valley Transportation Authority
 Berryessa Station Campus Area and Roadways
 Contract No. C742 (15002F)**

OWNER:

Santa Clara Valley Transportation Authority ("VTA")
 1436 California Room 202, 2nd Floor,
 Milpitas California 95035

BID DATE: June 3rd 2015 @ 2:00 P.M.

We hereby encourage responsible participation of local Disadvantaged Business Enterprises, and solicit their subcontractor or materials and/or suppliers quotation for the following types of work including but not limited to:

Building, CIDH Subcontractor, Clearing and Grubbing/Demolition, Construction Area Sign, CPM Scheduling Consultant, Electrical, Emulsion supplier, Erosion Control, Fencing, Gabion Basket supplier, Lime Treatment, Minor Concrete, Reinforcing Steel, Soundwall (Masonry), Striping, Survey/Staking, Site Furnishings, Testing, Traffic Control Material Sup, Underground, Class 2 Aggregate Base Material, Hot Mix Asphalt (Type A) Material

100% Performance and Payment Bonds may be required for full amounts of the subcontract price. Surety company will have to be approved by DeSilva Gates Construction. DeSilva Gates Construction will pay bond premium up to 2%. Subcontractors must possess current insurance and worker's compensation coverage meeting DeSilva Gates Construction's requirements. Please call if you need assistance in obtaining bonding, insurance, equipment, materials and/or supplies. Plans and specifications are available for review at our Dublin office.

DeSilva Gates Construction

11555 Dublin Boulevard

P.O. Box 2909

Dublin, CA 94568-2909

(925) 829-9220 / FAX (925) 803-4263

Estimator: Dave Bast

Website: www.desilvagates.com

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Bid Requests from Certified LBE Subcontractors and Suppliers for all trades

Hunters Point East West

This is a MOHCD project with construction workforce, prevailing wage & union labor provisions. This will also be a PLA.

Hunters Point East West

1000-1066 Griffith St, 1013-1187

Oakdale Ave, 1040-1152 Palou Ave (HP West)

740-798 Jerrold Ave, 707-763 Jerrold Ave,

716-792 Kirkwood Ave. (HP East)

San Francisco, CA 94124

Bid Date: 6/4/15 @ 2 PM

Voluntary Pre-bid Meeting & Job Walk on

5/19/15 at 10:00 AM at

HPEW West Site Community Center,

located at 1065 Oakdale Avenue.

CAHILL CONTRACTORS, INC.

Contact: Julie Park

estimating@cahill-sf.com, (415) 986-0600

PREBID MEET & GREET EVENT

PREBID MEETING and SBE NETWORKING WITH PRIME SUBS

The Exchange on 16th Street, San Francisco, CA

Please join Hathaway Dinwiddie for a Prebid and SBE Networking Session with prime Grading and Shoring subs at 9:30am on Thursday, June 4, 2015 at Mission Bay Pavilion (290 Channel Street, San Francisco)

Project Description: New Class A multi-story office complex of 700,000 Gross Square Feet over a 300,000 SF parking podium with associated site and infrastructure work.

Contact: Leticia Avalos for more information 415-912-3224 | avalosl@hdcco.com

**HATHAWAY DINWIDDIE CONSTRUCTION COMPANY
IS AN EQUAL OPPORTUNITY EMPLOYER.**

California Sub-Bid Request Ads

REQUEST FOR QUALIFIED/CERTIFIED SBE/MICRO BUSINESS SUBCONTRACTORS AND SUPPLIERS

Santa Clara Valley Water District
Project No. 40174004, Contract No. C0604
Lower Berryessa Creek Flood Protection, Phase 1
Milpitas, CA

Bid Date: REVISED May 27, 2015 at 2:00 PM
SBE Goal 30%

Flatiron West Inc requests SBE/Micro subcontractor and supplier participation for the following Items of work, but not limited to:

CAS/Roadway Signs, Demolition, Clear & Grub, Erosion Control, Landscaping/Irrigation, CIDH, Minor Concrete, Articulated Concrete Blocks (precast), Rebar, Hydroseeding, Fencing, Aggregates (Top Soil, Drain Rock, Class 2AB & Decomposed Granite), Ready Mix, Concrete Pumping, Trucking, SWPPP Plan, SWPPP Materials, Geotextile Materials, Formliner, Street Sweeping, Traffic Control, Vibration & Noise Monitoring, Surveying and QC Testing.

Non-SBE Subs/Suppliers: You will be expected to carry a proportionate percentage of 2nd-tier SBE goal participation with your quote. 2nd-tier SBE goal participation will be evaluated with your price.

Performance & Payment Bonds by admitted surety, naming prime contractor as the obligee, in full amount of the subcontractor's bid, subject to approval by Flatiron required. Bonding & Insurance assistance is available. Flatiron will pay bond premium up to 2.0%. Worker's Compensation Waiver of Subrogation required. Please contact Flatiron for bonding and insurance requirements, or if any other assistance is needed to facilitate your participation on this project. Quotations must be valid for same duration as specified by owner for contract award. Plans and specs are available for free download via an FTP transfer directly from the Santa Clara Valley Water District upon completion of an email request to: scvwdplanroom@valleywater.org Plans and Specs are also available for viewing in Flatiron's Benicia office. Please call for an appointment to view in our office or locating online. Please contact Lillian Simon at LiSimon@FlatironCorp.com Please fax your Quotes to our bid fax at 707-746-1603.



FLATIRON WEST

2100 Goodyear Rd. • Benicia, CA 94510
Phone (707) 742-6000 • Fax (707) 746-1603

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Mission Bay Development Group, LLC is actively seeking DBE or SBE or LBE General Contractors for the upcoming
Mission Bay Hwy 280/Mariposa Street Ramp Improvements project.

The Project is administered by the SFMTA and the FTA. Federal Grant requirements will apply. Work scope includes grading, curb & gutter, Roadbase, AC, Landscape, Streetlights, Signing, Striping and Traffic Signals.

Project carries a 100% DBE or SBE or LBE participation requirement. Bid documents will be distributed to each interested General Contractor.

Please contact **Cathy Serrano** of
Townsend Management, Inc., at (415) 355-6644 to pick up a set at the
Mission Bay Office, 410 China Basin Street, San Francisco, CA 94158

Being a Go-Getter Is No Fun

By Bourree Lam



The phrase “shit hits the fan” has uncertain origins. Some claim it’s a descendant of a World War II adage “the garbage hit the fan.” As the Online Etymology Dictionary has it, it derives from an old poop joke. The Yale Book of Quotations doesn’t have a say on the phrase at all (though “shit happens” is attributed to Connie Eble of Chapel Hill).

In any case, people have probably heard the phrase in reference to something gone awry at work or in life. In either setting, when the shit does hit the fan, people will tend to look to the most competent person in the room to take over.

And too bad for that person. A new paper by a team of researchers from Duke University, University of Georgia, and University of Colorado looks at not only how extremely competent people are treated by their co-workers and peers, but how those people feel when, at crucial moments, everyone turns to them. They find that responsible employees are not terribly pleased about this dynamic either.

To begin, the researchers began by establishing that people do, in fact, assign more tasks to those they perceived as more competent. In a survey, participants read statements about a fictional employee “Sam”—different groups read different statements about Sam indicating how much self-control he had (self-control was used as a proxy for competence). When Sam was presented as someone with great self-control, participants expected much more of Sam’s performance at his manufacturing job. In a separate experiment, undergrads were asked to delegate essays for proofreading to other students with varying levels of self-control. Unsurprisingly those with more self-control ended up with more work assigned to them.

“People ask high self-control people to do more for perfectly logical reasons—because they think that those who successfully demonstrate high (vs. low) self-control will perform better and accomplish more. So it is a reasonable thing to do, from the perspective of the partner, the manager, the coworker,” says Christy Zhou Koval, a Ph.D student at Duke University’s Fuqua School of Business and lead author of the study. “But for the actor, it can feel like a burden. Why should you do more work for the same reward, while your less capable coworker coasts along with lower expectations and work?”

A separate experiment found that participants not only assigned more tasks to the go-getters—but underestimated how much work it would take to get the job done. “What looks easy from the outside may not feel that easy on the inside,” says Gráinne Fitzsimons, one of the co-authors of the study.

■ Continued on page 7

California Sub-Bid Request Ads

REQUESTING BIDS FROM QUALIFIED DBE SUBCONTRACTORS AND SUPPLIERS FOR THE FOLLOWING PROJECT:

**Rt. 51 Rehab and Resurfacing Bridge Deck Project, Sacramento County
Caltrans Project No. 03-3F0804, Bid Date: June 2, 2015 at 2:00 pm**

We hereby encourage responsible participation of local Disadvantaged Business Enterprises (9% Goal), and solicit their subcontractor or material quotation for the following types of work. This is a highway project with the typical items of work associated, but not limited to: Lead Compliance Plan, Construction Area Signs, Traffic Control System, Portable Changeable Message Sign, Job Site Management, Prepare Water Pollution Control Program, Temporary Drainage Inlet Protection, Temporary Concrete Washout, Public Safety Plan, Rapid Setting Concrete (Patch), Remove Asphalt Concrete Surfacing, Remove Concrete Deck Surface, Clean Bridge Deck Drain, Cold Plane Asphalt Concrete Pavement, Remove Unsound Concrete, Poly Concrete Expansion Dam, Prep Concrete Bridge Deck Surface, Furnish and Place Poly Concrete Overlay, Minor Hot Mix Asphalt, Tack Coat, Grind Existing Concrete Pavement, Aggregate Base, Structural Concrete, Clean Expansion Joint, Joint Seal, Traffic Striping and Marking, Construction Equipment and Rentals, Trucking.

CTM Construction, Inc. is willing to break down items of work into economically feasible units to encourage DBE participation. If you are interested in any of this work, please provide us with a scope letter or contact us immediately. Plans and Specifications are available from the Caltrans website at http://www.dot.ca.gov/hq/esc/oe/contractor_info/.

Conditions or exceptions in Subcontractor's quote are expressly rejected unless expressly accepted in writing. Subcontractor and Supplier quotes are required 24 hours prior to the bid date to enable thorough evaluation.



CTM Construction, Inc.

3300 Fitzgerald Rd. • Rancho Cordova, CA 95742
916-852-6294 • Fax 916-914-2107

Each Subcontractor shall be prepared to submit faithful performance and payment bonds equal to 100% of their quotation. The Contractor will pay standard industry rates for these bonds.

Contact CTM Construction, Inc. for assistance with bonds, insurance, lines of credit, equipment, supplies or project plans and specifications. CTM Construction, Inc., is a Union Contractor.

AN EQUAL OPPORTUNITY EMPLOYER

C.C. MYERS, INC. IS REQUESTING BIDS FROM QUALIFIED DBE SUBCONTRACTORS AND SUPPLIERS FOR THE FOLLOWING PROJECT:

**Industrial Ave. Bridge Replacement Project
City of Roseville, Department of Public Works, City Project No. 102508,
Engineer Est. \$3,500,000 No. of Working Days: 190
Bid Date: June 2, 2015 at 3:00 pm**

We hereby encourage responsible participation of local Disadvantaged Business Enterprises (10% Goal), and solicit their subcontractor or material quotation for the following types of work. This is a highway project with the typical items of work associated, but not limited to: Water Pollution Control, SWPPP, Storm Water Annual Report, Rain Event Action Plan, Storm Water Sampling and Analysis Day, Temporary Fence, Construction Staking, Construction Site Management, Construction Area Signs, Traffic Control System, Temporary Railing, Temporary Crash Cushion, Remove Roadside Sign, Reset Roadside Sign, Lead Compliance Plan, Remove Pavement Striping, Marking and Markers, Remove Concrete, Remove Metal Beam Guardrail, Cold Plane AC Pavement, Clear & Grub, Develop Water Supply, Roadway Excavation, Import Borrow, Structure Excavation, Erosion Control, Aggregate Base, Hot Mix Asphalt, Structural Concrete, Rebar, Roadside Sign, Minor Concrete, Decorative Steel Fence, MBGR, Alternative In-Line Terminal System, Transition Railing, Stripe and Markers, Abandon Water Line, Storm Drain Manhole, Reinforced Concrete Pipe, Downdrain Pipe, Concrete Encasement, Tee Energy Dissipater, Stream Gauge Station, Rock Slope Protection, Street Lighting, Relocate Traffic Operation Facility, Bridge Removal, Structure Excavation, Structure Backfill, Furnish Steel Piling, Seal Course Concrete, Structural Concrete, Joint Seal, Headed Bar Reinforcement, Misc. Metal, Tubular Handrailing, Concrete Barrier, Relocate Existing Irrigation Facilities, Soil Prep and Fence Grading, Turf from Sod, Mulch, Jute Netting, Plant Establishment Work, Construction Equipment Rental and Supplies, Trucking.

C.C. Myers, Inc. is willing to break down items of work into economically feasible units to encourage DBE participation. If you are interested in any of this work, please provide us with a scope letter or contact us immediately. Plans, Specs, and Requirements for the project are available for review at our office in Rancho Cordova or C.C. Myers, Inc.'s Sharepoint site, please contact us for log in information.

Conditions or exceptions in Subcontractor's quote are expressly rejected unless expressly accepted in writing. Subcontractor and Supplier quotes are required 24 hours prior to the bid date to enable thorough evaluation.



C.C. Myers, Inc.

3286 Fitzgerald Rd. • Rancho Cordova, CA 95742 • 916-635-9370 • Fax 916-635-1527

Each Subcontractor shall be prepared to submit faithful performance and payment bonds equal to 100% of their quotation. The Contractor will pay standard industry rates for these bonds.

Contact C. C. Myers, Inc. for assistance with bonds, insurance, lines of credit, equipment, supplies or project plans and specifications. C. C. Myers, Inc., is a Union Contractor.

AN EQUAL OPPORTUNITY EMPLOYER

C.C. MYERS, INC. IS REQUESTING BIDS FROM QUALIFIED DBE SUBCONTRACTORS AND SUPPLIERS FOR THE FOLLOWING PROJECT:

**Bailey Creek Bridge Replacement Project
County of Plumas, Department of Public Works,
Contract No. 342,
Engineer Est. \$2,030,000 No. of Working Days: 250
Bid Date: June 3, 2015 at 4:00 pm**

We hereby encourage responsible participation of local Disadvantaged Business Enterprises (9% Goal), and solicit their subcontractor or material quotation for the following types of work. This is a highway project with the typical items of work associated, but not limited to: Construction Staking, Construction Area Signs, Traffic Control System, Temporary Traffic Stripe, Channelizer, Temporary Crash Cushion, SWPPP, Rain Event Action Plan, Temporary Erosion Control, Contractor Supplied Biologist, Bridge Removal, Clear & Grub, Roadway Excavation, Structure Excavation, Structure Backfill, Imported Borrow, Class 2 Aggregate Base, Hot Mix Asphalt, Temporary Bridge, CIDH Piling, Structural Concrete, Furnish Precast Prestressed Concrete Girder, Joint Seal, Rebar, Furnish Single Sheet Aluminum Sign, Roadside Sign, Rock Slope Protection, Misc. Metal, Survey Monument, Vegetation Control, Transition Railing, Concrete Barrier, Furnish and Install Bronze Plaque, Construction Rental Equipment and Supplies.

C.C. Myers, Inc. is willing to break down items of work into economically feasible units to encourage DBE participation. If you are interested in any of this work, please provide us with a scope letter or contact us immediately. Plans, Specs, and Requirements for the project are available for review at our office in Rancho Cordova or C.C. Myers, Inc.'s Sharepoint site, please contact us for log in information. Plans, Specs, and Requirements are also available on the Plumas County website, please follow the link: <http://www.plumascounty.us/bids.aspx?bidID=114>.

Conditions or exceptions in Subcontractor's quote are expressly rejected unless expressly accepted in writing. Subcontractor and Supplier quotes are required 24 hours prior to the bid date to enable thorough evaluation.



C.C. Myers, Inc.

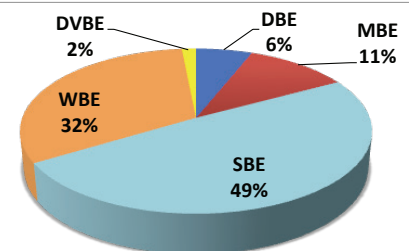
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Each Subcontractor shall be prepared to submit faithful performance and payment bonds equal to 100% of their quotation. The Contractor will pay standard industry rates for these bonds.

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AN EQUAL OPPORTUNITY EMPLOYER

**AUDIENCE PROFILE
Small Business Exchange, Inc.**



California Sub-Bid Request Ads

Turner

Request for Qualification (RFQ)
RFQ Period: May 26, 2015 – June 5, 2015

Turner Construction Company (Turner) is seeking qualified Subcontractors for the following project:

Tolman Hall Seismic Replacement – Berkeley Way
Contract No. 12629A
University of California, Berkeley

Turner has been awarded the above referenced project. This is a new 8-story, 320,000 square feet concrete building with concrete columns and post-tensioned slabs, and associated site utility work, landscaping and interior build-out. This project is seeking LEED Gold certification.

Trade Subcontractors who do not submit the pre-qualification information and are not pre-qualified will not be allowed to bid the project.

Turner is currently seeking RFQs for the following Trade Packages:

Exterior Wall / Curtainwall – Design-Build

Turner has a 20% SBE/VSBE/DVBE/MBE/WBE goal for this project.

For information on how to Pre-Qualify with Turner, please contact Shirley San Diego
 (510.267.8114 or ssandiego@tcco.com)

nibbi

Project Name: CA Corridor – 491 31st Ave.
Location: San Francisco, California
Bid Date: Monday, June 15, 2015 @2pm
Pre-Bid Conference: To Be Determined

Nibbi Brothers has been selected as the General Contractor for the CA Corridor - 491 31st Ave project in San Francisco, CA. We are in receipt of the bid documents and are currently requesting proposals from subcontractors for DIV 2-26. The Developers and Nibbi Brothers strongly encourage LBE's to submit bids and participate on the following project. The project includes life safety and accessibility improvements, voluntary structural upgrade, modernization or replacement of original building systems, resident unit renovations and modification to common areas.

To obtain bid and contract documents please contact Kristin Medwick in the Precon & Estimating Department via email, kristinm@nibbi.com.

For specific questions regarding this project please contact Igor Bershteyn, Senior Lead Estimator via email, igorb@nibbi.com.

nibbi

Project Name: CA Corridor – 345 Arguello Blvd.
Location: San Francisco, California
Bid Date: June 15, 2015 @2:00 PM
Pre-Bid Conference: To Be Determined

Nibbi Brothers has been selected as the General Contractor for the CA Corridor - 345 Arguello Blvd. project in San Francisco, CA. We are in receipt of the bid documents and are currently requesting proposals from subcontractors for DIV 2-26. The Developers and Nibbi Brothers strongly encourage LBE's to submit bids and participate on the following project. The project includes life safety and accessibility improvements, voluntary structural upgrade, modernization or replacement of original building systems, resident unit renovations and modification to common areas.

To obtain bid and contract documents please email Kristin Medwick at kristinm@nibbi.com.

For specific questions regarding this project please contact Igor Bershteyn, Senior Lead Estimator via email, igorb@nibbi.com.

- Your advertisement in the SBE is sent to the contractors, professional and business service businesses you want to reach.
- SBE daily and weekly circulation reaches over **30,000** construction, commodity, professional and business service businesses.
- SBE's B2B database has the largest central circulation database of certified **DBE/SBE/WBE/DVBEs**

SMALL BUSINESS EXCHANGE

Being a Go-Getter Is No Fun

Continued from page 5

The researchers then tried to understand how these expectations play out in real life. In a survey of more than 400 employees, they found that high performers were not only aware that they were giving more at work—they rightly assumed that their managers and co-workers didn't understand how hard it was for them, and thus felt unhappy about being given more tasks. Further, in a survey that was completed by more than 100 couples, partners who had greater self-control said they also felt burden and fatigue from being relied on more at home. (Interestingly, the results of these studies were not broken down by gender, though this certainly opens up a new angle for future study.)

"This disconnect in how we see ourselves and how others see us can create problems in our rela-

tionships, both at home and at work," says Koval. "Part of the issue is that people with high self-control are probably less likely than others to complain; they're just likelier to 'suck it up' and do the extra work. But our findings suggest that they probably feel frustrated by that, and less satisfied with their relationships with others who do 'over-rely' on them."

While it makes sense to rely more on competent people, Koval says that it's important for co-workers and partners to recognize how much stress they are putting on those people by doing so. In the workplace, she recommends giving rewards to the responsible employees. Similarly she recommends that romantic partners pitch in, and give credit where it's due.

"In the workplace, managers should be careful to give the highest quality work and best opportunities to the most capable employees, and give the lower quality but time consuming work to less capable employees," says Koval. "If someone is doing more than his fair share, compensate him for it. If not, he may ultimately leave and seek recognition elsewhere. Similarly, in our personal relationships, we should recognize that just because our high-ability partners can do something for us, doesn't mean that we should let them. And if they do help us, we should recognize it and thank them for it. Otherwise, they too may end up feeling burdened by us, and less satisfied—and that should be the last thing we want to do to a good employee or a good partner."

Source: <http://www.govexec.com>